

Four Agreements Practical Personal Freedom

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## Summary:

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The Four Agreements: A Practical Guide to Personal Freedom ... The Four Agreements: A Practical Guide to Personal Freedom (A Toltec Wisdom Book) [Don Miguel Ruiz] on Amazon.com. \*FREE\* shipping on qualifying offers. In The Four Agreements, bestselling author don Miguel Ruiz reveals the source of self-limiting beliefs that rob us of joy and create needless suffering. The Four Agreements: A Practical Guide to Personal Freedom ... The Four Agreements: A Practical Guide to Personal Freedom (Four-color Illustrated Ed.) by don Miguel Ruiz, Janet Mills, Nicholas Wilton This four-color illustrated edition of The Four Agreements celebrates the 15th anniversary of a personal growth classic. The Four Agreements: A Practical Guide to Personal Freedom ... In The Four Agreements, don Miguel Ruiz reveals the source of self-limiting beliefs that rob us of joy and create needless suffering. Based on ancient Toltec wisdom, the Four Agreements offer a powerful code of conduct that can rapidly transform our lives to a new experience of freedom, true happiness, and love.

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Live by The Four Agreements. Live a Better Life. Don Miguel Ruiz, author of The Four Agreements, sits down with Oprah to share his thoughts on the third agreement: Don't make assumptions. All the sadness and drama you have lived in your life is rooted in making assumptions and taking things personally. The Four Agreements: A Practical Guide to Personal Freedom ... The Four Agreements offers useful insight and a generous helping of inspiration that imparts wisdom in an accessible manner. It provokes thought and encourages the reader to self-reflect and to want to do and be better.

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